



IN AT THE DEEP END

October 2018

Volume 2 Issue 1

THANKS AND WELCOME . . .

We are very fortunate in having dedicated members who give up their Friday evenings to teach - Caroline, our Head Coach, Anne-Marie Perry and Ken Gower and Philip Swann in the Small Pool, Pav Gill in Lane 3 and Richard Brough in Lane 4.

It is a tremendous help to have people to call on when those teachers are not available, so we are indebted to the Senior members who step in on the occasions.

I am delighted to report that since the appeal for help in the Small Pool in the last issue we have received offers from three of our parents and they have completed their DBS checks. We are very grateful to Mary Bairstow, Penny Jones and Laura Westwood

H.S. SMITH RACE NIGHT NEXT FRIDAY, OCTOBER 12TH

Next Friday sees the annual H.S. Smith Race Night, which will be followed by the U18 v Old Boys Water Polo Match.

There are freestyle and backstroke races for girls and boys of the following ages:

2002 and later
2004 and later
2006 and later
2008 and later
2009 and later
2010 and later

There are also open and masters events.

It is really helpful if we can have most of the entries sorted before the event, so that we can make sure it runs as smoothly as possible. You can send them to me via email: dianneccharles@outlook.com. Volunteer time-keepers are always welcome: offers to me by email or in person on the night, please.

There will be a warm-up session in the Big Pool before the races start.

Current subscription rates are:

MEMBERSHIP

£144 per annum - Senior
£120 per annum - Junior

Please note that all groups in the Small Pool and Lanes 1-3 are currently full.

If you are choosing to pay monthly by standing order, please ensure that it has been increased to:

£10 per month for each **Junior** member and
£12 per month for each **Senior** member.

We are operating a waiting list and priority in all groups (apart from Small Pool 1) will be given to swimmers moving up internally through the groups. No new members can be admitted without an assessment from the Head Coach to decide which group they should start in. They will then be placed on the appropriate waiting list.

The waiting list for Small Pool 1 is quite long and progress is naturally slow, so please be patient if you have younger children waiting to come in at that level. Also, if you refer friends to the club, please make them aware of the situation.

DATES FOR YOUR DIARY

- > **October 12th H.S. Smith Race Night**
- > **October 12th U18 v. Old Boys**
- > **November 24th Awards and Social Evening**
- > **December 7th Badge Night**
- > **December 21st U16 Tournament**

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Students away at university or members living outside the West Midlands area pay £60 per year.

RECENT WATER POLO RESULTS

01.07.18	Midland League Div 1	Boldmere A 19	HGSOB 'A' 2	Lost
06.07.18	Midland League Youth	Coventry defaulted		Won
05.09.18	Midland League Div 1	Coventry 25	HGSOB 'A' 5	Lost
07.09.18	Midland League Div 1	HGSOB 'A' 13	Boldmere 'A' 23	Lost
07.09.18	Midland League Youth	HGSOB U16 12	Northampton 'B' 20	Lost
16.09.18	Midland League Youth	Cheltenham 17	HGSOB U16 3	Lost
21.09.18	Midland League Youth	HGSOB U16 6	Worcester 11	Lost
21.09.18	Midland League Div 1	HGSOB 'A' 11	Coventry 12	Lost
25.09.18	Midland League Div 3	Wellington 16	HGSOB 'B' 3	Lost
26.09.18	Midland League Div 1	Warley 'B' 12	HGSOB 'A' 15	Won

Results of the remaining matches in the current season for the U16 and 'B' teams will be published in the next edition.

In the meantime, it is good to be able to report that the win at Warley for the 'A' team means that they will remain in Division 1 for the next season. They certainly gave the spectators some nervous moments but they hung on for that all-important win!

WATER POLO RULES

Don't argue with the referee!

WP 21.13 To be guilty of unacceptable language, aggressive or persistent foul play, disrespect for a referee or official, or behaviour against the spirit of the Rules and likely to bring the game into disrepute. The offending player shall be excluded from the remainder of the game after the earliest occurrence of the offence mentioned in this rule. Play will restart in the



conduct, including the use of aggressive or persistent foul play, disrespect for a referee or official, or behaviour against the spirit of the Rules and likely to bring the game into disrepute. The offending player shall be excluded from the remainder of the game after the earliest occurrence of the offence mentioned in this rule. Play will restart in the

CLUB POLO SHIRTS

The club now has a local supplier for polo shirts. The two-colour version comes with the club badge embroidered on the left front, your name on the right front and your choice of lettering and/or number on the back. These shirts cost £30 each for the adult sizes, which start at Small (36"-38" chest) and go up to 2XL (46"-48" chest).

There is also an option of a plain polo shirt in your chosen colour with the same embroidery and print options. These cost around £18-£20 for an adult size, depending on the embroidery and print and come in a full range of sizes. Children's sizes will be cheaper because of the zero VAT rating.

For further details, or to place an order, email Dianne via

[Diannecharles@outlook.com.net](mailto:Diannecharles@outlook.com).

**WATER POLO TRAINING**

To emphasise that we are first and foremost a water polo club, we will be introducing elements of water polo training in Lane 3.

There is also an opportunity for club members of all ages to take part in mini polo and in polo training between 8 p.m. and 8.25 p.m. on club nights and in training matches at 8.35 p.m. on Fridays when we do not have a club game.

Please note that boys and girls can compete together at the U16 level.

PLAYER PROFILE - SCOTT GINDER

Scott is our 'A' Team Goalkeeper and still travels up for games whenever possible, despite having to come all the way from Essex! He has played a key role in keeping the team in Division 1 this season.

He was kind enough to give me an interview:

Q. How old were you when you started playing water polo?

A. I started playing when I was around 13 years old, so half of my life now...

Q. How were you introduced to the sport?

A. I was introduced to the sport through a presentation Phillip Swan did in a school assembly at Handsworth Grammar School. A few friends and I were sold on the sport and I have been playing ever since.

Q. Which teams have you played for?

A. My first club was HGSOBSC, moving through the under 16 then under 18 age groups, and starting with the A team when I was 17 years old. I was lucky enough to represent the Midlands in their under 18 team on a few occasions. Moving to Chelmsford for work, I was training with the Chelmsford team before I had even finished unpacking and continue to represent them 3 years later.

Q. What was the best moment you can remember in a match?

A. I have many great memories playing water polo, so it is hard to name one in particular. Andy Brough scoring a late winner away against a strong Boldmere B side to secure the Midlands Division 2 title for HGSOBSC would probably take the top slot. My first time representing the Under 18 side as captain would rank highly. Outside of the pool, getting the recognition of my teammates on a few occasions to win the A team player of the year award was a source of enormous pride especially in a team that had some incredible water polo players.

Q. What was the worst moment?

A. I have been well known in the past for my outbursts in the pool, causing me to miss the end of several games which is always disappointing. However, I think playing for Chelmsford and conceding a goal from just inside halfway just at the end of the game to cost us a chance of winning the London League Div 2 title was probably my worst moment.

Q. What are the necessary qualities for a goal keeper?

A. Legs are a goalkeeper's most important physical quality, to give a platform to put into use the reactions and arm positioning to help cover as much of the goal as possible. Goalkeeping also has a very mental side to it; not being afraid of a ball flying straight at your nose is vital, as is treating the next save as the most important that you'll have ever had to make.

Q. What is the best advice you can give to your defenders?

A. It sounds simple, but the best advice would be to always be switched on. The amount of goals that are conceded that are a result of a momentary lapse in concentration by a defender is huge and endlessly annoying for a keeper.

Q. What is your ideal post-match snack?

A. 8 pints and a kebab! On a serious note, I would say anything with a bit of taste is good after having chlorine water in your mouth for the previous 45 minutes. Samosas at the clubhouse is always a winner for me...

Q. What other hobbies do you enjoy when you are not playing water polo?

A I try to get to the gym at least a couple of times a week. I play golf throughout the summer months and I play football once a week.

Q. Who would be in your dream water polo team?

A. I'm going to stick with current or former Handsworth players for this one, as I have played with so many brilliant water polo players at this club. The 12 I would have in front of me would be:

John Cooper, Jason Culloo, Andy Brough, Matt Hannah, Matt Masters, Dan Moore, Jack Donelan, Toby Hughes, Patrick Charles, Matt Richardson, Alun Rickards and Adrian Quigley.

IMPORTANT - POOLSIDE ETIQUETTE

- Please could parents refrain from speaking to teachers, except in an emergency, whilst lessons are in progress. If you wish to speak to your child's teacher, please wait for a suitable time after the lesson ends.
- Please try not to move around on poolside during play in a polo match. It may impede the referee or table officials.

CLUBHOUSE

H . G . S . O . B . S . C .

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Dianne Charles
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T U C K A N D P E N S

If Ruth is at the pool, she is likely to have some sweets, drinks and snacks for sale.

Bags of "mix" are 20p each and drinks, chocolates or savouries snacks are usually around 50p. Proceeds from the sale go to club funds, so please support our Tuck Shop.

Ruth also sells pens with H.G.S.O.B.C. printed on them and all profits from these go to funds as well. They come in lots of colours and all write with black ink. They're only £1 each and when they're gone, I'm sure she'll order more!

**BRIDGE TRUST OLD BOYS
47A ROMILLY AVE
HANDSWORTH WOOD
BIRMINGHAM
B20 2AT**

From Perry Barr

Follow Wellington Rd (Outer Circle route) towards Handsworth.
Take 1st right (at Calthorpe pub) into Wood Lane.
Take 2nd right into Romilly Ave.

*Proceed down Romilly Ave to the turning circle (do NOT turn left into Romulus Close) Between 2 houses (47 and 49), in the turning circle, there is a narrow Right of Way; go down this; car park at end.

From Hamstead

Go up Hamstead Hill towards Town Centre
Just BEFORE the Outer Circle island turn left into Wood Lane
Follow Wood Lane for 100 yards and take right hand turn (still Wood Lane) down the hill.
Take second left into Romilly Avenue.
Now see above.*

Our website:
<http://hgsobsc.co.uk>

R A F F L E 2 0 1 8

Every other year, we have a raffle to raise money for the club and 2018 is a raffle year.

The draw will take place at the Awards and Social on November 24th

If anyone has ideas for prizes, please speak to one of the committee as soon as possible. Maybe you can offer a meal at a restaurant, a service, such as a beauty treatment or hair appointment, a bottle of wine or some chocolate. All ideas and donations will be very gratefully received.

Once the tickets are available, it would be wonderful if everyone could sell their allotted tickets and return the counterfoils before the Awards and Social.

There is a prize for the U16 club member who sells the most tickets.

Every ticket sold will help your club.

S W I M E N G L A N D R E G I S T R A T I O N S

All current members have now been registered with Swim England for 2018. Note that they no longer issue membership cards, but if you need your membership number for any reason, Dianne can provide it for you,

There are three main categories:

Cat 1 is for those learning to swim or not competing (except in U16 water polo).

Cat 2 is for those who compete in U18 or Senior water polo competitions.

Cat 3 is for coaches, instructors and volunteers.

The club pays all the fees: £9.10 for Cat 1 swimmers, £26.40 for Cat 2 polo players and £5.20 for Cat 3 volunteers.

This is why we ask members to pay a joining fee, as it helps to cover the cost of our Swim England registrations - £2,888.90 so far this year!